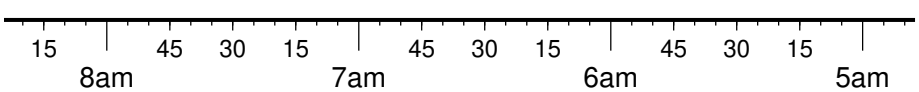
15
45
30
15
45
30
15
45
30
15
8am
7am
6am
5am